



Saint John's P.S.

www.stjohnsswatragh.com

EDUCATING FOR TODAY AND TOMORROW

DESIGNATED TEACHER FOR CHILD PROTECTION: Mrs. Kearney
DEPUTY DESIGNATED TEACHER: Mrs. Coyle

Issue 193

October 2019

HEALTHY SNACKS

Just a reminder for families that the only snacks permitted at break are fruit / vegetables or bread-based products. The latter excludes items like chocolate croissants. Pupils should not eat their sandwiches, flavoured yogurts or cheese products at break. Instead these should be kept for part of their balanced lunch box.

FIRE DRILLS

The children should be commended for their response to our two recent Fire Drills. The first was announced so they could discuss and prepare in class, what they should do in the event of the siren sounding.

The second event was unannounced but the children responded and made it to the Assembly Point in even quicker time than the first practice.

SECOND IMPACT SYNDROME

At the first parent meeting and in your Admission pack for each child you will have received a sample letter explaining about the dangers of Second Impact Syndrome. As reminder a DOJO message has been sent out so you have reference to the DE leaflet on Recognising Concussion. I am glad to say that some parents are in the way of letting us know too, if a bump has occurred at home so we can be extra vigilant here about signs of possible concussion which include headache, feeling dazed or confused, drowsy or sleepy, feeling or being sick, or any change in normal behaviour.

ECO ECO ECO ECO ECO ECO

Please remember to send in old batteries as we can send them off to be recycled.

We are also looking for your unwanted CDs as part of a recycling craft project.

CHANGE OF BANK HOLIDAY

We are sorry to announce that we have been compelled to switch the date of the Bank Holiday in May from Monday 4th to Friday 8th. This is outside of our control and is because there will be no school meals service and no transport available on 8th.

SNAPCHAT

We want to remind families of the potential harm pupils can be exposed to through Snapchat and urge everyone to reflect on whether it is really appropriate for their child to have access to this social platform.

The NSPCC conducted a survey which revealed that parent and children views of Snapchat are that children are at high risk of exposure to sexual content. There is medium risk of exposure to bullying, violence, hatred and self-harm/suicide as well as drugs.

The minimum age requirement for Snapchat is 13 so it is quite clear that this is unsuitable for pupils of St. John's and we urge all families to reflect about what is suitable for your child and the risks they may be exposed to, even when you believe you may have good levels of control and stewardship.

ROGERS KNIGHT AWARD NOMINATION

We are delighted to nominate Mrs. Tracy O'Kane for the Rogers Knight Award for an inspirational engineer.

This award is to recognise the inspirational impact engineers have in the classroom. Tracy's nomination follows her participation in last year's project for some pupils in the Challenge Club where they had to interview an engineer and find out all about the kinds of problems they work on and the daily solutions they have to come up with. The children just loved hearing first hand about water treatment processes as they could easily relate these to everyday life shall we say? After that the children came up with their own problems and solutions to enter a Young Engineers competition and several pupils were shortlisted for their category. Go raibh maith agat agus Adh Mor Tracy!



BED TIME

Some nurturing training for staff recently highlighted that children of primary age are recommended to have 10 to 12 hrs sleep per night.



SCHOOL HOLIDAYS FOR 2019-2020

Autumn Term: Monday 2nd September-Friday 20th December.

Mid-term: Monday 28th October to Friday 1st November.

Spring Term: Monday January 6th (children will attend Mass)-Wednesday 8th April.

Mid-term: Monday 17th February-Friday 21st February.

School closed: Monday 16th and Tuesday 17th March.

Summer Term: Monday 20th April-Tuesday 30th June.

School closed Friday 8th May, Friday 22nd May and Monday 25th May.

LUNCH TIMES

For Y1, Y2, Y4 and Y7 lunch is from 12 to 12.45pm.

For Y3, Y5 and Y6 lunch is from 12.15 to 1.00pm.

Inside Story Headline



Caption describing picture or graphic.

Inside Story Headline

“To catch the reader’s attention, place an interesting sentence or quote from the story here.”

Inside Story Headline

This story can fit 75-125 words.

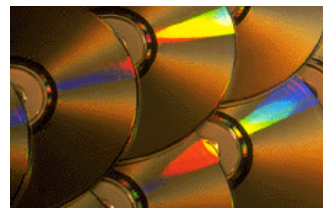
Selecting pictures or graphics is an important part of adding content to your newsletter.

Think about your article and ask yourself if the picture supports or enhances the message you’re trying to convey. Avoid selecting images that appear to be out of context.

Microsoft Publisher includes thousands of clip art images from which you can choose and import into your newsletter. There are also several tools you can use to draw shapes and symbols.

Once you have chosen an image, place it close to

the article. Be sure to place the caption of the image near the image.



Caption describing picture or graphic.

Inside Story Headline

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new product.

You can also research articles or find "filler" articles by accessing the World Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter

can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web publication. So, when you're finished writing your newsletter, convert it to a Web site and post it.



Caption describing picture or graphic.

Inside Story Headline

This story can fit 100-150 words.

The subject matter that appears in newsletters is virtually endless. You can include stories that focus on current technologies or innovations in your field.

You may also want to note business or economic trends, or make predictions for your customers or clients.

If the newsletter is distributed internally, you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is growing.

Some newsletters include a column that is updated

every issue, for instance, an advice column, a book review, a letter from the president, or an editorial. You can also profile new employees or top customers or vendors.

"To catch the reader's attention, place an interesting sentence or quote from the story here."

Inside Story Headline

This story can fit 75-125 words.

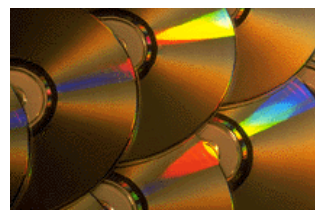
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Caption describing picture or graphic.

Primary Business Address
Your Address Line 2
Your Address Line 3
Your Address Line 4

Phone: 555-555-5555
Fax: 555-555-5555
Email: xyz@microsoft.com

Your business tag line here.


Organization

We're on the Web!
example.microsoft.com

This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.

Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.



Caption describing picture or graphic.